Embracing Our Times
Aline LaPierre, Christina Bogdanova, Antigone Oreopoulou

In this Issue...

SPECIAL SECTION = ADDICTION AND TRAUMA

Guest Editorial
Jan Winhall

Treating Addiction, Trauma and Emotional Loss Together
A Clinical and Historical Perspective
Gabor Maté

Revolutionizing Addiction Treatment with The Felt Sense Polyvagal Model™
Jan Winhall, Stephen W. Porges

Embodied Presence
The Essential Therapeutic Stance in Working with Addictive Behaviors
Nancy Falls

Treating the Heart of Addiction in Women with Focusing and Chinese Medicine
Dawn Flynn

A Non-Directive Positive Reinforcement Framework for Trauma and Addiction Treatment
Steve Hoskinson, Bach Ho

The Somatic Post-Encounter Clinical Summary (SPECS)
A New Instrument for Practitioners and Researchers to Measure the Wisdom of Somatic Intelligence
Aaron Freedman, Theresa Silow, Steuart Gold, Thomas Pope, Denise Saint Arnault

Developing Relational Trauma Therapy
From the Breakdown of the “Running Technique” to a New Trauma Methodology
Kolbjørn Vårdal

Borderline Disorder in Contemporary Reichian Analysis
Genovino Ferri, Luisa Barbato
INTERDISCIPLINARY APPROACH

87  Life, Entropy, Information, Emotion, and Trauma
    Homayoun Shahri

GETTING TO KNOW REICH

105  The Origins of Body Psychotherapy
    The Concept of Character from Freud to Reich
    Håvard Friis Nilsen

BODY PSYCHOTHERAPY AROUND THE WORLD

110  Being a Body Psychotherapist in Britain
    Kathrin Stauffer

PERSONAL VIEWPOINT

114  My Encounter with Covid-19
    Mobilizing the Will to Live
    Vladimir Pozharashki

BOOK REVIEWS

118  The Practice of Embodying Emotion: A Method for Improving Cognitive, Emotional, and Behavioral Outcomes by Raja Selvam
    Ian Macnaughton

121  Treating Trauma and Addiction with the Felt Sense Polyvagal Model: A Bottom-Up Approach by Jan Winhall
    Michael D. Ostrolenk

123  The Proactive Twelve Steps: A Mindful Program for Lasting Change by Serge Prengel
    Jan Winhall

IBPJ CALL FOR PAPERS

126  Fall/Winter 2022–2023 and Spring/Summer 2023