

INTERNATIONAL **BODY PSYCHOTHERAPY** JOURNAL

The Art and Science of Somatic Praxis

Published by the European & United States Associations
for Body Psychotherapy & Somatic Psychology

Volume 19 ■ Number 2 ■ Fall/Winter 2020/2021

EDITORIAL

- 4 **Heightened Awareness Is the Best Vaccine**
Madlen Algafari, Aline LaPierre, Antigone Oreopoulou

INTERVIEW: 20th Anniversary Special

- 6 **The Wisdom of Our Founders:
A Conversation with Jacqueline A. Carleton and Jill van der Aa**
Madlen Algafari, Aline LaPierre, Antigone Oreopoulou, Christina Bogdanova

OUR ROOTS

- 13 **Body Psychotherapy Past and Future**
Luisa Barbato
- 17 **Energy in Contemporary Reichian Analysis**
Genovino Ferri, Giuseppe Cimini
- 24 **Jungian Psychotherapy and the Body**
Andrew J. Howe

BODY CONTEMPLATION

- 30 **Silence Therapy**
Madlen Algafari

CASE STUDY

- 32 **The Body of Shame: Listening for the Longing**
Danielle Tanner

RESEARCH

- 43 **Process-Oriented Approach to Working with Body Symptoms**
Barbora Sedláková, Tomáš Dominik, Marek Kolařík

BODY PSYCHOTHERAPY AND SOMATIC PSYCHOLOGY IN PRACTICE

- 56 **The Wounding Womb: Healing Prenatal Trauma**
Karyne B. Wilner

- 64 Pause, Breathe, and Feel: A Body Psychotherapy Approach to Working with Perseveration**

Meridith L. Antonucci

- 79 Sex Offender Rehabilitation: A Five-Phase Body-Mind Model**

Angelo Avila

- 89 Somatic Psychotherapeutic Fascial-Work**

Elizabeth C. Long

THE CULTURE IN THE BODY AND THE BODY IN THE CULTURE

- 102 Multicultural and Social Justice Counseling Competency: A Body Psychotherapy Perspective**

Ila Anemone Zeeb

INTERDISCIPLINARY APPROACH

- 112 Internal Family Systems Informed Eye Movement Desensitization and Reprocessing:
An Integrative Technique for Treatment of Complex Posttraumatic Stress Disorder**

Gillian O'Shea Brown

- 123 The Epigenetic Roots of Emotional Intelligence**

Milena Georgieva, George Miloshev

BODY PSYCHOTHERAPY AROUND THE WORLD

- 130 Body Psychotherapy in Brazil**

Rubens Kignel

BOOK AND CONFERENCE REVIEW

- 134 Body Psychotherapy for the 21st Century by Nick Totton**

Christopher Walling

- 135 Emotional Neglect and the Adult in Therapy:
Lifelong Consequences to a Lack of Early Attunement by Kathrin A. Stauffer**

Aline LaPierre

- 138 Body Psychotherapy During a Time of Pandemic**

Madlen Algafari