EDITORIALS
06 Message from the Editorial Team
Editor-in-Chief, Madlen Algafari
Deputy Editor, Aline LaPierre
Managing Editor, Antigone Oreopoulou

08 A Message from the USABP Honorary Director of Research
Stephen Porges

11 Sensory Awareness Meditation 1 • Judyth O. Weaver

OUR ROOTS
13 Early Coping Strategies
Alice Kahn Ladas

THE CULTURE IN THE BODY AND THE BODY IN THE CULTURE
20 Finding Our Intercultural Ground
Carmen Joanne Ablack

28 English Smiles, Italian Shoulders, and a German Therapist
Julianne Appel-Opper

40 “If you turn me into a fag, I'll kill you!”
Marc Rackelmann

55 Female Sexual Objectification and the Castrated Feminine
Maryanne Comaroto and Rebecca Pottenger

BODY PSYCHOTHERAPY AND SOMATIC PSYCHOLOGY IN PRACTICE
65 Making Somatic Psychotherapy More Effective
Anne Isaacs and Joel Isaacs

75 Body Dreamwork
Leslie A. Ellis

WORKING WITH TRAUMA
86 Bodymap Protocol: Integrating Art Therapy and Focusing
Darcy Lubbers

106 Integration of Traumatic Memories
Homayoun Shahri

116 Working Safely With Trauma
Will Davis

133 Sensory Awareness Meditation 2 • Judyth O. Weaver

RESEARCH
134 Toward a Somatically-Informed Paradigm in Embodied Research
Jennifer Frank Tantia

159 Depression and Body Psychotherapy
Christina Bader Johansson

INTERDISCIPLINARY APPROACH
146 Sexual Pleasure in Light of Intersubjectivity, Neuroscience, Infant Research, Relational Psychoanalysis, and Recognition Theory
Lawrence E. Hedges

178 The Principle of Minimum Stimulus in the Autopoietic Processes of Bioenergetic Self-Regulation, Bonding, and Embodiment
Beatrice Casavecchia

196 Biofeedback as a Viable Somatic Modality for Trauma and Related Comorbidities
Cynthia Kerson

PROFESSIONAL ETHICS
208 Ethics and Ethos as Essential Elements of the Professionalization of Body Psychotherapy
Ulrich Sollmann

228 Sensory Awareness Meditation 3 • Judyth O. Weaver

SCIENTIFIC NEWS
229 Trauma Research and Body Psychotherapy
Herbert Grassmann

BODY PSYCHOTHERAPY AROUND THE WORLD
230 Body Psychotherapy in Australia
Ernst Meyer

BOOK REVIEW
237 The Routledge International Handbook of Embodied Perspectives in Psychotherapy
Adam Bambury

241 Special Offer: 20% discount on Taylor and Francis books for EABP and USABP members

OUR QUESTIONNAIRE
242 What do you wish to find in the Journal’s pages?