A revolution, personal or cultural, is the turnaround of a predominant way of thinking or doing to improve a situation or better oneself. Throughout the Americas, there has been an enduring commitment to revolutionize the systems of power in institutional and personal lives, leading to a re-commitment to the humanistic spirit. For somatic psychotherapy in the United States, this means an insistence on a more inclusive somatics that is radically open to change.

As a field, somatic psychotherapy has faced tremendous challenges – in particular, we were challenged to develop our evidence base, which has resulted in our research being included in leading peer-reviewed journals. Currently, the rise of affectivism – the explanatory power of our bodies, emotions, feelings, motivations, moods, and affective processes – has ushered in a new era of advances. However, it has also attracted the therapeutic marketplace which is co-opting somatic embodiment, mining our mind–body therapies to appropriate our techniques for effective change. We now see long-established somatic psychotherapy approaches woven into systems that until recently ignored the body. This challenge to our long-standing traditions requires a creative stewardship that will keep our composite body of knowledge whole, and our openness to change moving us ahead into therapeutic innovations and leadership.

Call for Submissions

We welcome a diversity of perspectives and new voices with solutions to the call towards advancing our healing potential. Papers should address one of two formats:

1. **Theoretical Seminars** highlighting how we integrate historical wisdom and contemporary research. Suggested topics include but are not limited to:
   - Advances in somatic psychotherapy technique
   - Preservation of historical somatic lineages
   - Somatic, social, and ecological justice
   - Integration of the social and clinical

2. **Experiential Workshops** that focus on clinical demonstrations. Suggested topics include but are not limited to:
   - Group somatic practice
   - Repair of the body–mind connection
   - Reconnecting body, mind, & the sacred
   - Intergenerational transmission of somatic patterns
   - Post-traumatic growth

**Poster Presentations** that highlight emerging research in somatic psychotherapy

Papers should include a biography, abstract, and not exceed 800 words. *Submit by March 1st to admin@usabp.org*
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