The current editorial team was formed in the summer of 2018. Three women who had never met, lived in different countries, and on separate continents formed the new IBPJ editorial team – Madlen Algafari in Sofia, Aline LaPierre in Los Angeles, and Antigone Oreopoulou in Athens.

Though the three of us had previous writing and publishing experience, we had little experience in handling our new positions at the helm of a journal. We did however have an angel in the wings – Jill van der Aa was there to advise, support, and encourage us.

A year and a half later, Christina Bogdanova joined our team.

Our connecting bonds were immediate – good vibes, a generous team spirit, and a common vision to make the IBPJ the voice of body psychotherapy around the world.

Seven issues later, we look forward to our bimonthly meetings. The challenges of life, or the inconvenient meeting times, never get in our way. However, change is part of life and this is the last issue we will be publishing in this team configuration. Madlen is stepping down as Editor-in-Chief in order to lead the organization of the next EABP Congress in Sofia, in 2023.

Aline becomes the new Editor-in-Chief, and Christina the new Deputy Editor. Antigone remains as Managing Editor.

As a tribute to these past three years, we reflect on our common journey, the evolution of the Journal, and share our feelings and thoughts with you.

We are looking forward to your comments on the IBPJ Facebook and Instagram pages.

With warm regards,

The Editorial Team